

## **COMMUNION MEDITATION**

### **PURPOSE:**

Jesus Christ died on the cross to save us. The message of His death, burial and resurrection is the foundation of Christianity. To remember the importance of God's sacrifice of His son, Jesus provided us with the Lord's Supper. This event encourages our youth to express their comprehension of the relevance of Christ's death to all aspects of the Christian life. Though this is a written event, it should be written as if giving a talk in preparation for the Lord's Supper.

### **RULES:**

1. The meditation shall be typed in a 12-pt font, and the length must be 150–250 words for 3rd–6th grades or 200–300 words for 7th–12th grades.
2. The meditation shall have at least four parts:
  - a. An introductory statement
  - b. Scripture must be included
  - c. An essay in which three things must be mentioned:
    - i. The death of Christ
    - ii. The bread and
    - iii. The fruit of the vine
  - d. A conclusion
3. No more than half the words in any essay may consist of quotations, including scripture.
4. The scripture may appear anywhere in the meditation.
5. Include significant reference to the current LTCNW theme.

### **SUBMISSION:**

- Email the essay with the information required by the [Rules for All Pre-Convention Events](#) page.

### **AWARDS:**

Awards will be based on an average of Excellent, Good, and Fair from the judged items on the judging form.

Excellent = Gold

Good = Silver

Fair = Bronze

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**Student:**

**Grade:**

**Church Name:**

*"Therefore encourage one another and build each other up, just as in fact you are doing."  
1 Thessalonians 5:11*

|                                                                                                     | EXCELLENT | GOOD | FAIR |
|-----------------------------------------------------------------------------------------------------|-----------|------|------|
| <b>THESIS/MAIN POINT</b><br>Is the writer's central idea clear?                                     |           |      |      |
| <b>ORGANIZATION</b><br>Are the main points logically developed? Are the main points well-supported? |           |      |      |
| <b>CONTENT</b><br>Is the material interesting and significant?                                      |           |      |      |
| <b>PROPER SUBMISSION</b>                                                                            |           |      |      |

AREAS YOU DID WELL IN:

ONE AREA TO IMPROVE NEXT YEAR:

**Event Coordinator only: Gold Silver Bronze**